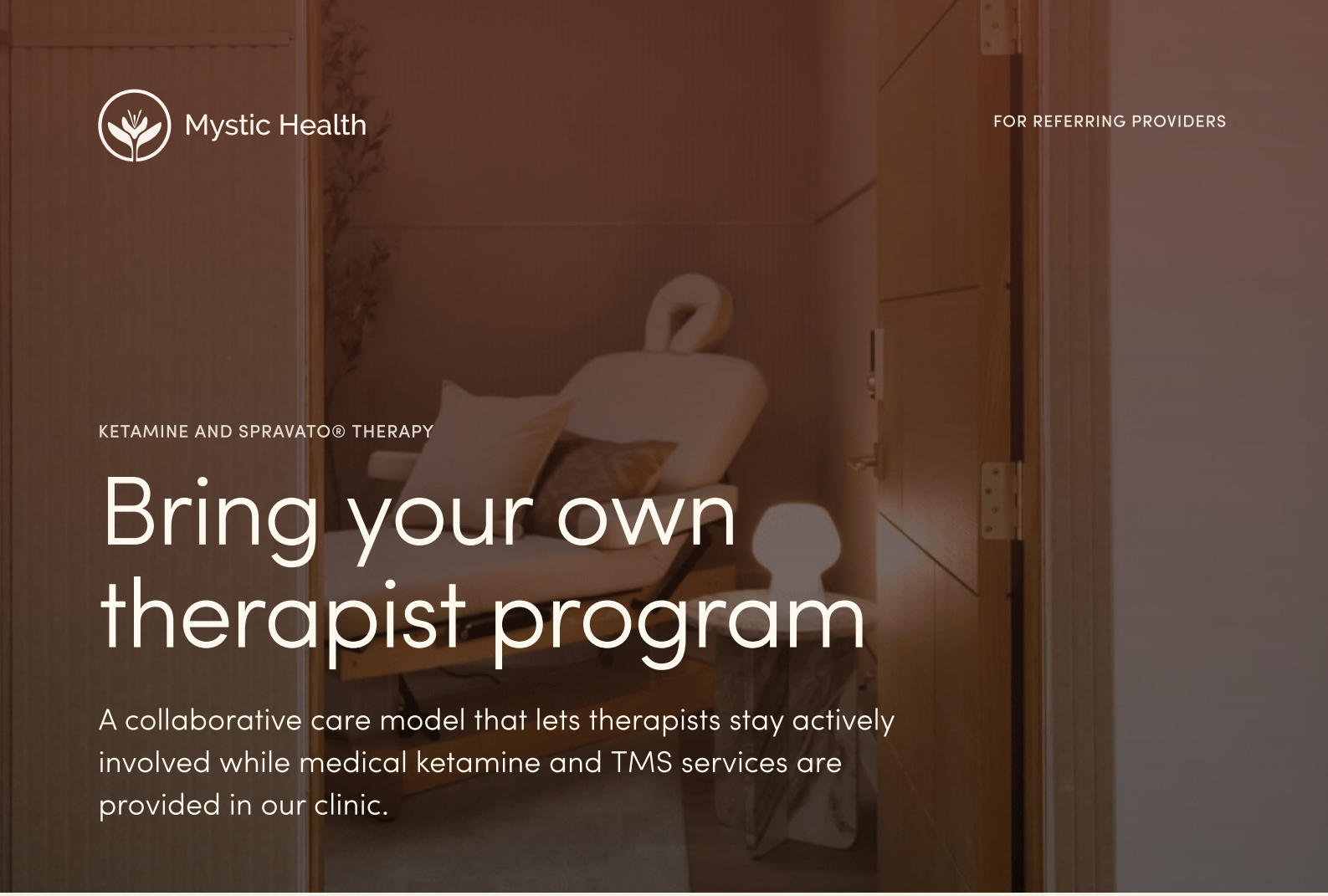


KETAMINE AND SPRAVATO® THERAPY

Bring your own therapist program

A collaborative care model that lets therapists stay actively involved while medical ketamine and TMS services are provided in our clinic.

01 PROGRAM OVERVIEW

How the program works

- Clients complete medical intake and clearance with our medical team
- Ketamine or Spravato® (esketamine nasal spray) sessions a provided under medical supervision, in our clinic or at home
- Preparation and integration are completed with the referring therapist
- Therapists may sit in on sessions if requested and clinically appropriate
- Small therapist-led groups can be arranged on request

INSURANCE ACCEPTED

aetna · Anthem · Cigna · EVERNORTH HEALTH SERVICES · Optum · Medicare

+ other payers

02 NURSE PRACTITIONER PRICING

Injectable ketamine (IM)

AVAILABLE In clinic At home

Package 3

NP consult
$249 (insurance eligible)

3 ketamine sessions
$550 each

Follow-up (15 minutes)
$0

TOTAL
$1,899

Package 6

NP consult
$249 (insurance eligible)

6 ketamine sessions
$525 each

Follow-up (15 minutes)
$0

TOTAL
$3,399

Individual session

NP consult + ketamine session
For new patients

TOTAL
$500

03 SPRAVATO®

Spravato® at Mystic Health

Spravato® is one of the most significant advances in treatment-resistant depression care in decades. As a REMS-certified provider, Mystic Health offers this FDA-approved therapy in a safe, monitored clinical setting.

WHO IT'S FOR

Ideal candidates for Spravato®

- Failed two or more adequate antidepressant trials
- Persistent depressive symptoms despite medication optimization
- Major depressive disorder with active suicidal ideation requiring rapid intervention





04 OUR TEAM

Meet our team



Houman Farzin, MD

Founder
& Chief Medical Officer



Amir Vokshoor, MD

Founder
& Neurosurgeon, NeuroVella



Thaís S. Araujo, MD

Integrative Medicine
& Palliative Care Physician



Dustin Z. DeYoung, MD

Psychiatrist & Addiction
Medicine Physician



Victoria Bielma

PMHNP-BC, Psychiatric Mental
Health Nurse Practitioner



Lisa Kring, LCSW

Integrative Therapist
& Mindfulness Teacher



Dina Karvounides, PsyD

Licensed Clinical Psychologist
& EMDR Trained

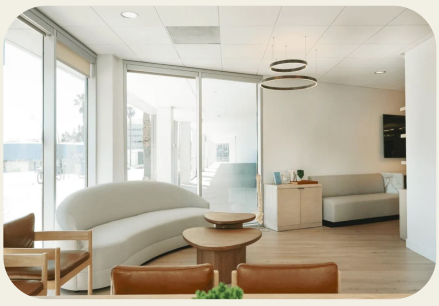


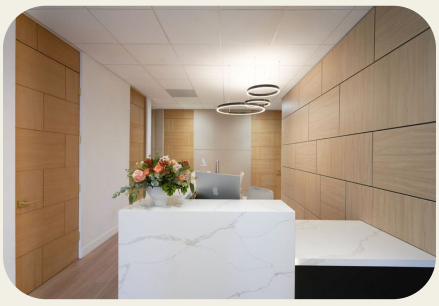
Stephanie Karzon Abrams, Clin. Pharm.

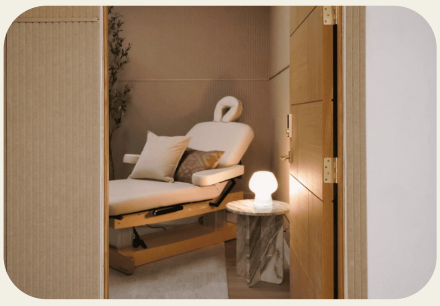
Clinical Neuropharmacologist
& Clinical Director

05 OUR CLINIC

Our clinic in Santa Monica







Empower your patients with personalized, integrative care

Refer a patient

Mystic Health

www.mystic.health · info@mystic.health · 310.550.1006 · @mystic.healthy
2901 Wilshire Blvd., Suite 105, Santa Monica, California 90403