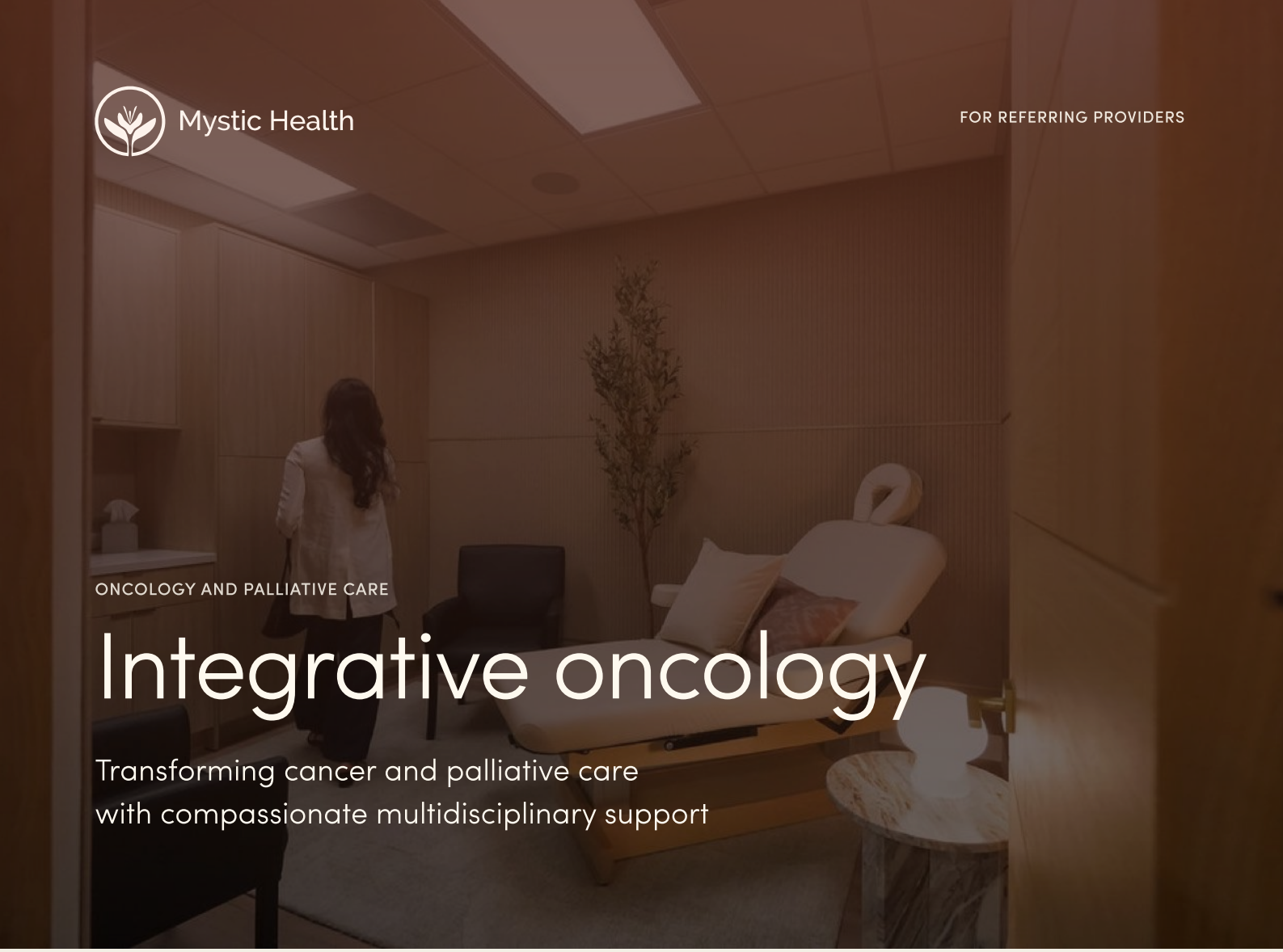


ONCOLOGY AND PALLIATIVE CARE

Integrative oncology

Transforming cancer and palliative care
with compassionate multidisciplinary support

At Mystic Health, we support patients through every stage of their cancer or serious illness journey, providing emotional, psychological and spiritual care alongside their existing medical treatments.

Our Integrative Oncology and Palliative Care Pathway offers evidence-based support to reduce suffering, improve quality of life, and bring peace and resilience to patients and families.

01 WHY IT MATTERS

Cancer and serious illness

Cancer and serious illness impact far more than the body. Many patients experience anxiety, depression, spiritual distress or emotional isolation, challenges that traditional medical care alone often does not address.

Mystic Health fills this gap by offering comprehensive care that nurtures the whole person, physically, emotionally and spiritually, throughout the course of illness and into end-of-life care if needed.

The Mystic Health advantage

Our team provides integrated services tailored to each patient's unique needs.

Integrative oncology

Holistic support including evidence-based therapies for symptom management (pain, nausea, fatigue), nutrition and lifestyle guidance, acupuncture and meaning-centered therapy.

Psycho-oncology

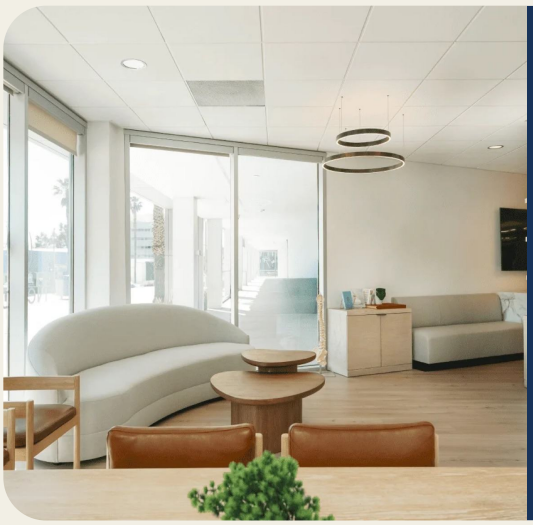
Specialized psychotherapy and psychiatric care for patients, survivors and caregivers, with support for grief, anxiety and emotional processing.

Ketamine-Assisted Psychotherapy (KAP)

A structured, compassionate protocol including preparation, guided ketamine sessions and follow-up integration therapy. KAP can offer relief from anxiety, depression and existential suffering.

Total pain management

Our multidisciplinary approach addresses the physical, emotional and spiritual dimensions of pain, enhancing comfort and dignity at every stage of illness.



BENEFITS FOR YOUR PATIENTS

An integrative approach for patients who have not found relief through traditional methods.

- Reduces emotional and spiritual distress
- Enhances resilience and emotional clarity
- Improves quality of life during and after treatment
- Complements your care plan with integrated, non-duplicative support

WHO IT'S FOR

Our pathways are designed to support

- Cancer patients at any stage of diagnosis or treatment
- Palliative and hospice patients facing life-limiting illness
- Caregivers and loved ones in need of emotional support

03 OUR TEAM

Meet our multidisciplinary team

At Mystic Health, our team of integrative physicians, mental health professionals and holistic practitioners is dedicated to supporting patients in achieving emotional and psychological well-being. Led by Dr. Houman Farzin, Chief Medical Officer, we offer a collaborative, whole-person approach to care.



Houman Farzin, MD

Founder
& Chief Medical Officer



Amir Vokshoor, MD

Founder
& Neurosurgeon, NeuroVella



Thaís S. Araujo, MD

Integrative Medicine
& Palliative Care Physician



Dustin Z. DeYoung, MD

Psychiatrist & Addiction
Medicine Physician



Victoria Bielma

PMHNP-BC, Psychiatric Mental
Health Nurse Practitioner



Lisa Kring, LCSW

Integrative Therapist
& Mindfulness Teacher



Dina Karvounides, PsyD

Licensed Clinical Psychologist
& EMDR Trained



Stephanie Karzon Abrams, Clin. Pharm.

Clinical Neuropharmacologist
& Clinical Director

We offer a collaborative, whole-person approach to integrative oncology.

With deep experience in mind-body therapies, psycho-oncology and palliative care, our team builds personalized plans that complement conventional oncology — reducing side effects, enhancing resilience and supporting emotional well-being.

Our partnership reassures patients and referring oncologists alike that care is both holistic and medically grounded, providing a unique layer of support during a critical time.

Empower your patients with personalized, integrative care

If you have patients ready to take a more proactive, whole-person approach to their health, refer them to Mystic Health to begin their healing journey.

Refer a patient

Mystic Health www.mystic.health info@mystic.health 310.550.1006

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