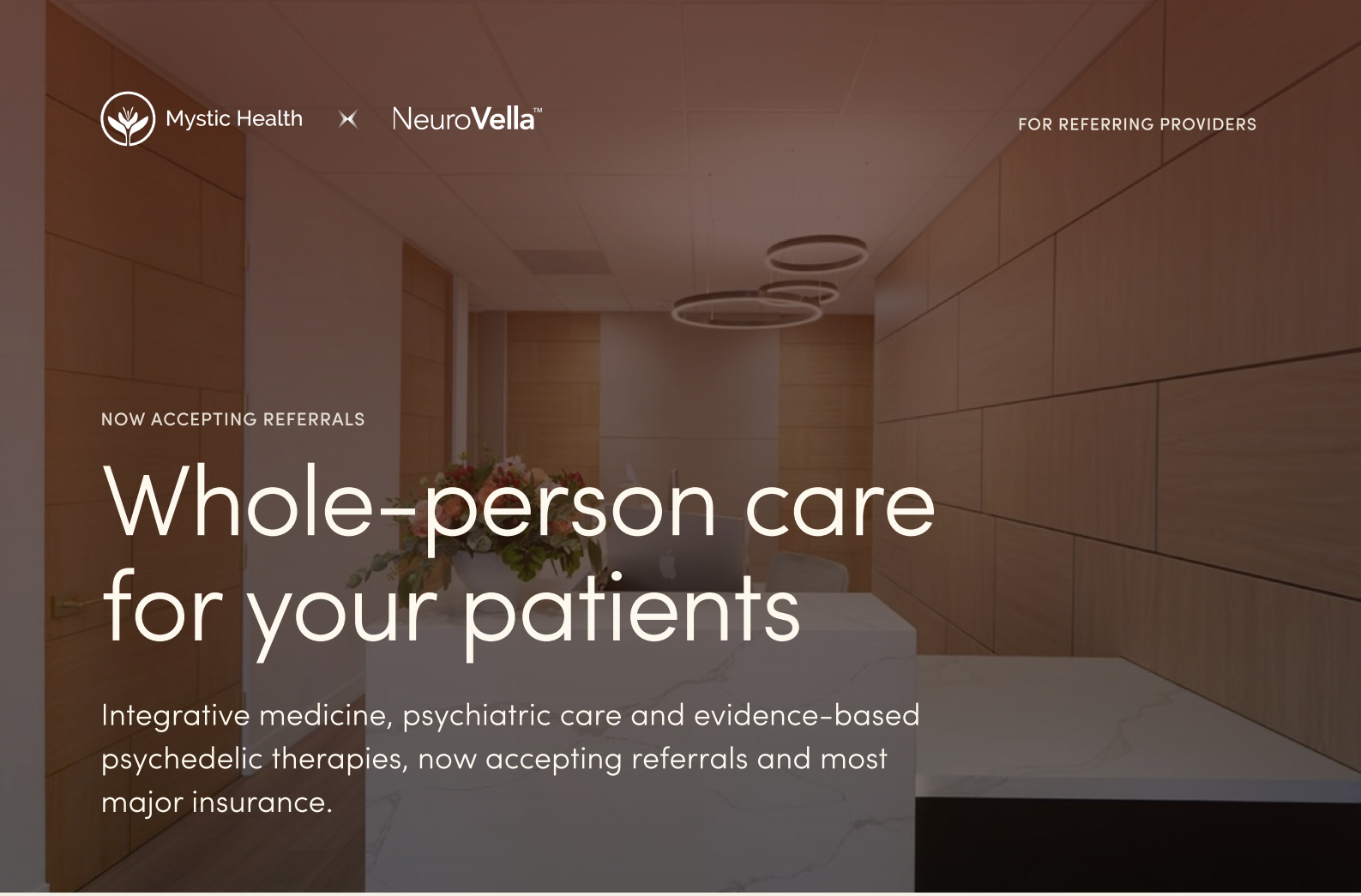


NOW ACCEPTING REFERRALS

Whole-person care for your patients

Integrative medicine, psychiatric care and evidence-based psychedelic therapies, now accepting referrals and most major insurance.

Mystic Health partners with providers to deliver personalized, multidisciplinary care for patients facing treatment-resistant mental health conditions, cancer, serious illness and surgical optimization.

Our team of integrative physicians, psychiatrists and holistic practitioners addresses what standard care often overlooks: the emotional, psychological and spiritual dimensions of healing.

NOW ACCEPTING REFERRALS

- Spravato® (esketamine), REMS-certified provider
- Transcranial Magnetic Stimulation (TMS), accelerated protocol
- Psychiatry, psychotherapy and advanced modalities including EMDR, somatic therapy, mindfulness-based approaches and QEEG-guided neurofeedback

INSURANCE ACCEPTED

aetna · Anthem · Cigna · EVERNORTH HEALTH SERVICES · Optum · Medicare

+ other payers

01 CARE PATHWAYS

What we offer your patients

We tailor our approach through four distinct care pathways, each designed to complement your treatment plan.

AVAILABLE In clinic At home

Integrative mental health

For patients with treatment-resistant depression, anxiety, PTSD or emotional challenges that persist despite conventional care. Services include Spravato® and ketamine therapy, TMS, psychiatry, psychotherapy and integrative medicine consultations.

Integrative oncology and palliative care

For cancer patients, palliative and hospice patients, and their caregivers. We provide psycho-oncology, total pain management, meaning-centered therapy and KAP for existential distress, supporting quality of life at every stage.

Surgical optimization

For patients undergoing any type of surgery. Our pre- and post-operative pathway includes medical optimization, mind-body resilience, nutrition and metabolic support, and guided recovery, reducing complications and accelerating healing.

Holistic wellness

For patients seeking proactive health optimization, chronic symptom relief, or deeper emotional and spiritual well-being. Our East-West integrative model supports sustainable change through personalized consultations and healing plans.







02 SPRAVATO®

Spravato® at Mystic Health

Spravato® (esketamine nasal spray) is one of the most significant advances in treatment-resistant depression care in decades. As a REMS-certified provider, Mystic Health offers this FDA-approved therapy in a safe, monitored clinical setting.

WHO IT'S FOR

Ideal candidates for Spravato®

- Failed two or more adequate antidepressant trials
- Persistent depressive symptoms despite medication optimization
- Major depressive disorder requiring rapid intervention



03 NOW AVAILABLE

Transcranial Magnetic Stimulation (TMS)

Mystic Health now offers TMS with the AMPA One system: next-generation, FDA-cleared brain stimulation with an accelerated protocol that compresses weeks of traditional treatment into days.

- FDA-cleared for treatment-resistant depression and OCD
- Non-invasive, no sedation required; patients return to normal activity immediately
- Covered by most major insurance plans
- Can be combined with medication, therapy and our other integrative services

Mystic Health × NeuroVella™

04 BRAIN HEALTH

A collaboration between NeuroVella and Mystic Health, offering innovations in brain health and psychedelic-informed therapy. We offer your patients a neuroscience-driven approach to stress, anxiety, pain and emotional fatigue: QEEG brain mapping to assess cortical activity patterns, then personalized neurofeedback training that teaches the brain to self-regulate in real time.

SCAN QR CODE

05 WHY PROVIDERS TRUST US

Why providers trust Mystic Health

A partner, not a competitor

We complement your practice, not replace it. Every patient receives care coordinated with their referring provider.

Many specialties, one team

Integrative medicine, psychiatry, anesthesiology, palliative care and holistic healing under one roof.

Continuity of care

From first consultation through long-term maintenance, and even caregiver and grief support.

06 OUR TEAM



Houman Farzin, MD

Founder
& Chief Medical Officer



Amir Vokshoor, MD

Founder
& Neurosurgeon, NeuroVella



Thaís S. Araujo, MD

Integrative Medicine
& Palliative Care Physician



Dustin Z. DeYoung, MD

Psychiatrist & Addiction Medicine Physician



Victoria Bielma

PMHNP-BC, Psychiatric Mental Health Nurse Practitioner



Lisa Kring, LCSW

Integrative Therapist
& Mindfulness Teacher



Dina Karvounides, PsyD

Licensed Clinical Psychologist
& EMDR Trained



Stephanie Karzon Abrams, Clin. Pharm.

Clinical Neuropharmacologist
& Clinical Director

Empower your patients with personalized, integrative care

Refer a patient

Mystic Health

www.mystic.health · info@mystic.health · 310.550.1006 · @mystic.healthy
2901 Wilshire Blvd., Suite 105, Santa Monica, California 90403